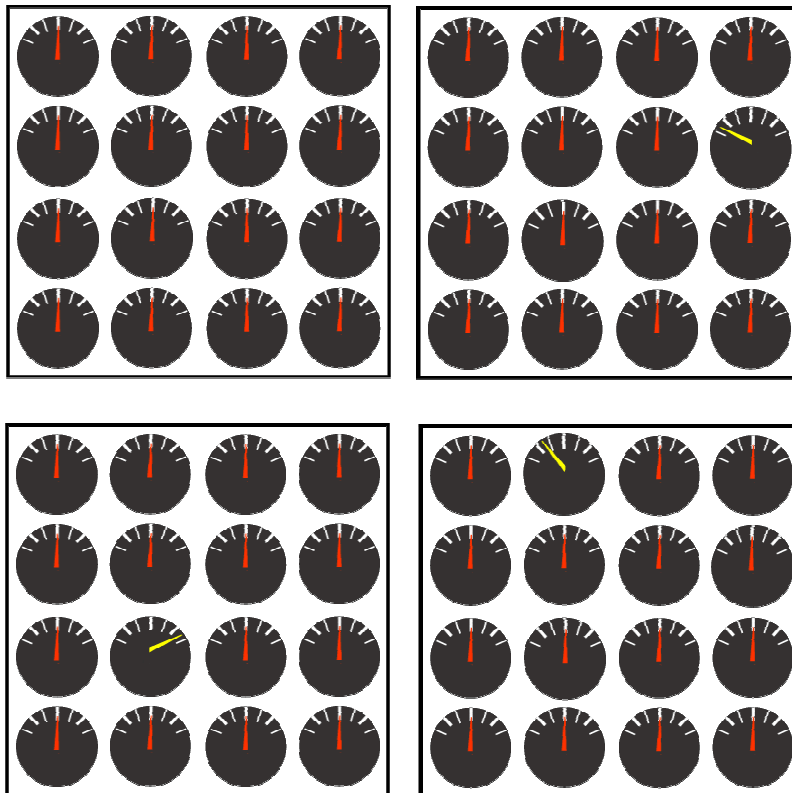


RNA Compared to Gauges



One way to think about regulations of functions within the body is as a series of gauges each of which controls a different function in the body. When everything is in balance, the dials on the gauges are in the middle of their range, as in the upper left hand square. However, anyone of these gauges can be out of balance at any given time as depicted in the other three squares; the “needle” on the gauges can be too high or too low, and any one of the gauges may malfunction. By using individual RNA NutriSwitch Formulas, it is possible to rebalance any individual gauge. The RNA that it would take to balance the upper right hand square is different from the RNA that it would take to balance the lower left hand square. Yet another RNA would be necessary to balance the lower right hand square. There are hundreds of reactions or functions going on in the body at any moment, and any one of these myriad functions can go wrong in a variety of ways. It is easy to understand how an individual may need one, or one hundred different RNA NutriSwitch Formulas in order for all of his or her “gauges” to be balanced. Using this analogy it is also easy to see why using specific NutriSwitch Formulas is a distinct advantage over using a total RNA Supplement. If we use the upper right square as an example, only one gauge is out of balance. It

makes more sense to use an RNA that will help to balance that particular gauge, rather than simply throwing all the different RNAs at it and hoping that one of them will help to balance that gauge.

A very specific example of a “gauge” in the body getting out of balance that we are all familiar with is the body’s temperature gauge. Normally the body will allow the temperature to fluctuate below 98.6 degrees, as well as to go above 98.6 degrees, and it is still able to control the temperature. However, if the fever gets too high, i.e. above 105-106 degrees, the body loses its ability to self regulate, and it can be necessary to put an individual into an ice water bath to physically bring down the temperature and get that gauge back in balance. Conversely, if a persons body temperature drops too low, as in hypothermia, it is necessary to physically warm the individual and bring their temperature back up manually, as the body has lost the ability to do it on its own. There are a multitude of functions that can get so out of balance that the body loses the ability to self regulate. These are cases when we use specific RNA NutriSwitch Formulas to help get those individual functions back into balance.

Many of us have had the experience of having the needle on an analog gauge get “stuck”. All that is necessary to get it loose is to smack the gauge on the side and the needle will move freely again. The most simplistic way to look at using RNA NutriSwitch formulas is that they help to “smack” the side of the gauge and free the needle so that everything can once again be in balance.